

**2017 GRPA STATE B/C SWIM MEET, July 14-15, 2017**  
**Tift County Recreation Department**  
**Baldwin Drive Aquatic Center**  
**Tifton, GA. – REV 03022017 w/Sanction # \_\_\_\_\_**

**JULY 14-15, 2017**

**ENTRY SUMMARY AND WAIVER FORM**

Team Name: \_\_\_\_\_ ABBREV. \_\_\_\_\_  
 Coaches: \_\_\_\_\_ Mail Results to: \_\_\_\_\_  
 Ass't Coach \_\_\_\_\_  
 Ass't Coach \_\_\_\_\_  
 Team Address \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone: \_\_\_\_\_ E-Mail : \_\_\_\_\_  
 Cell Phone: \_\_\_\_\_

Entry Recap:	# of Swimmers	Ind. Event	Relay Teams	Mixed Relay Teams
7 & 8 Girls	_____	_____	_____	_____
7 & 8 Boys	_____	_____	_____	_____
9 & 10 Girls	_____	_____	_____	_____
9 & 10 Boys	_____	_____	_____	_____
11 & 12 Girls	_____	_____	_____	_____
11 & 12 Boys	_____	_____	_____	_____
13 & 14 Girls	_____	_____	_____	_____
13 & 14 Boys	_____	_____	_____	_____
15 - 18 Girls	_____	_____	_____	_____
15 - 18 Boys	_____	_____	_____	_____
<b>SUBTOTAL</b>	_____	_____	_____	_____
	<b>X \$ 1.00</b>	<b>X \$ 7.00</b>	<b>X \$15.00</b>	<b>X \$15.00</b>
<b>TOTAL</b>	_____ +	_____ +	_____ +	_____ = _____

I the undersigned coach or team representative, certify that all swimmers on the enclosed entry and all coaches listed above are eligible by the swimming rules in the GRPA Athletic Manual. I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming, Inc. regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

I the undersigned, in consideration of our being accepted as entrants in the State Swim Meet, do hereby for ourselves, our heirs executors, and administrators, waive, release, and forever discharge any and all rights and claims for any injury or damages which we have or hereafter accrue to us against Tift County Recreation Department, Tift County or the Tifton Tidal Wave Swim Team in connection with this swim meet.

Team Official: \_\_\_\_\_ Date: \_\_\_\_\_

Mail Entries and Check To:  
 Tift County Recreation Department  
 Attention: State Swim Meet  
 PO Box 6  
 Tifton, GA. 31793

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**DATE:** 2017 GRPA B/C State Swim Meet – Tifton Georgia  
**FRIDAY, JULY 14, 2017 & SATURDAY, JULY 15<sup>th</sup>, 2017**

**Sanctioned by:** Georgia Recreation and Park Association

**USA Swim Approval #:** \_\_\_\_\_

**Meet Referee:** Deb Skinner Wohlrab

**Meet Starter:** Kirk Whitaker

**Meet Officials:** Frank Neel, Wes Davis, Kirk Whitaker,

**Time:** 7:00 AM WARM- UPS WILL BEGIN  
9:00 AM OPENING CEREMONIES  
**THREE HOURS FOLLOWING COMPLETION OF PRELIMINARIES**  
**SWIMMING FINALS**

**Meet Director:** Craig Sowell and Recreation Staff

**Safety Marshall :** Lifeguards and Swim Officials

**WHERE:** TIFT COUNTY RECREATION DEPARTMENT  
BALDWIN DRIVE AQUATIC CENTER  
202/204 BALDWIN DRIVE TIFTON, GA. 31794  
229-388-1865 (Pool Located at the intersection of Baldwin Drive and  
Second Street, Tifton GA 31794)

**FACILITIES:** A 25 YARD BY 25 METER POOL WITH 8 LANES. BLEACHERS WILL BE NEAR THE  
POOL DECK. SPACES WILL BE PROVIDED FOR TEAMS TO BRING AND SET-UP  
THEIR OWN SHADE. TCRD/TTW are not responsible for Theft or Damage  
to unattended tents/personal items.  
The competition course has been certified in accordance with 104.2.2C(4) . The  
copy of such certification is on file with USA Swimming & Georgia Swimming.

**TIMING:** ELECTRIC TIMING WITH TOUCH PADS, BACK-UP BUTTON AND BACK-UP  
WATCHES.

**RULES:** GOVERNED BY THE GEORGIA RECREATION AND PARKS ASSOCIATION  
ATHLETIC MANUAL AND USA SWIMMING. Current USA Swimming rules  
will govern the conduct of this meet unless over ridden by GRPA rules.  
Any swimmer, who qualifies for the meet on either day of competition,  
and subsequently “no shows”, their agency will be fined \$10.00. This  
fine must be paid to GRPA **Swimmers will be responsible for  
swimming in their assigned heats and lanes.** The meet referee has  
discretion to determine the need to do dive-over starts.  
“Any USA Swimming swimmer entered in the meet, unaccompanied by a USA  
Swimming member coach, must be certified by a USA Swimming member coach as  
being proficient in performing a racing start or must start each race from within  
the water. It is the responsibility of the swimmer or the swimmer’s legal guardian  
to ensure compliance with this requirement.”

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Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**DECK CHANGING:**

**Deck Change – (Changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes) is prohibited at all USAS Sanctioned events. Swimmers participating in deck changing would be in violation of the USA Swimming Rule 202.2.9I and could be subject to removal from further competition in the meet.**

**SWIM SUITS:**

**Swim Suits- As per USA Swimming Rule 102.8.1C, “Only suits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition”. Please note that the women’s Jolyn swimsuit is not legal for competition and should not be worn at any time by competitors in the competition venue (including warm-ups).**

**BODY TAPE:**

**Body Tape- Per USA Swimming Rule 102.8.1E, “Any kind of tape on the body is not permitted.”**

**ELIGIBILITY:**

**AGE CONTROL DATE IS PRIOR TO JUNE 1<sup>ST</sup> OF THE CURRENT YEAR. A CHILD MUST BE THE AGE OF 7 TO BE ELIGIBLE FOR COMPETITION. OFFICIAL GRPA ROSTER MUST BE SUBMITTED PRIOR TO THE FIRST EVENT FOR PROOF OR VERIFICATION OF AGE. FAILURE TO SUBMIT ACCEPTABLE PROOF WILL RESULT IN A FORFEIT OF THAT INDIVIDUAL FROM ALL HIS/HER EVENTS. A swimmer must have qualified in the top three in their district meet either in a relay or individual event.**

**HOSTS:**

**Tift County Recreation Department, Tifton Tidal Wave Swim Team  
Moultrie Recreation Department and Moultrie Sharks**

**ENTRY FEE:**

**THERE WILL BE A \$1.00 SANCTIONING AND TIMING FEE PER SWIMMER. INDIVIDUAL EVENTS ARE \$7 PER PERSON PER EVENT AND \$15 PER RELAY TEAM, PER RELAY EVENT.**

**MAKE CHECKS PAYABLE TO:**

**THE TIFT COUNTY RECREATION DEPARTMENT  
SWIM MEET, PO BOX 6, TIFTON, GA. 31793**

**Concessions:**

Basic concessions will be provided. A hospitality area will be provided for all officials and coaches.

**ENTRY LIMIT:**

**EACH COMPETITOR MAY ENTER A MAXIMUM OF TWO INDIVIDUAL EVENTS AND TWO RELAY EVENTS, THIS NUMBER INCLUDES MIXED RELAYS.**

**ENTRY DEADLINE:**

**ALL ROSTERS, RESULTS AND ENTRY FORMS MUST BE AT THE TIFT COUNTY RECREATION DEPARTMENT BY MIDNIGHT SATURDAY, JULY 8, 2017. USPS EXPRESS MAIL or FEDEX is highly recommended. Please sign signature waiver.**

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**ENTRY FORMAT:** Submit entries in Hy-tek (preferred) format and provide a pdf of your entries and district results. Entries must include each swimmer's first and last name, age, and seed time for each event entered. **Swimmers entered in the meet who are only competing as members of relay teams must be entered with all other participants for the purpose of verifying entries.**

Their names should be submitted on the hard copy as relay-only swimmers. A printed copy of all entries, fees, and a completed and signed liability release form from each must accompany the entries. If a swimmer has a USA Swim Number it must be noted on the entry information for that swimmer. It is the Team and Coaches Responsibility to provide the correct USA Swim numbers for their swimmers. **USA Numbers will not be added after the meet has concluded.** All swimmers must be listed on the GRPA Roster and have their Birth Verification in order to swim.

**SEEDING:** All events will be pre-seeded in a circle seeded format.

**MEET FORMAT:** All events will be in a preliminary/final format for an 8-lane pool.

**Disabled Swimmers:** Coaches for teams that have disabled swimmers competing must notify the meet referee at the coaches meeting. Disabled swimmers will compete as long as they meet the qualifying requirements.

**FINALS FORMAT:** The finals will be run in the same event order as the preliminaries each day.

**AWARDS:** **FOR FINALS - MEDALS WILL BE AWARDED TO THE TOP THREE FINISHES IN EACH EVENT & RIBBONS WILL BE AWARDED TO FOURTH –EIGHTH PLACE IN EACH EVENT PER GRPA GUIDELINES- RULE CHANGE 2017.**

**PARKING:** Parking is located adjacent to the pool on Baldwin Drive, around the ball fields located directly behind the swimming pool area near Orr Park and the Outdoor Basketball Courts. Behind DFCS Building on Second Street. All parking is within walking distance.

**COACHES:** **Coaches will be required to sign in and show their required coaches certification as dictated in the 2017 GRPA State Athletic Manual. All teams must submit with their entries a list of the (2) coaches who will attend this meet.**

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**COACHES:**  
(Cont.)

**ALL coaches planning to be on the pool deck MUST have a valid coach's card. COACHES WILL BE GIVEN AND ARE REQUIRED TO DISPLAY THEIR SWIMMING BADGE WHILE ON THE POOL DECK AND IN HOSPITALITY. At least one coach from each team must attend any coaches' meeting.** Coaches whose names are listed on the waiver form will receive a heat sheet from the clerk of course in their packet. Only two coaches/ team on deck at one time.

**COACHES MEETING:**

A mandatory coaches' meeting will be held Friday and Saturday, July 14-15, 2017 at 8:30 AM. *At least one coach from each team is required to attend any coaches' meeting.* Subsequent meetings will be arranged if needed. Coaches arriving late should check in with the clerk of course upon arrival.

**OFFICIALS:**

**TCRD welcomes visiting officials to participate with this meet. Your assistance is needed and appreciated. Any certified official or apprentice registered with USA Swimming wishing to officiate at any session must sign in prior to the required officials meeting which is held one hour before the start of each session. All officials must present at check-in: (a) current (2017) LSC Officials Certification card and proof of USA Swimming Membership; or (b) National Federation High School Swim Officials registration cards.** Officials must display their credentials while officiating or in hospitality. Officials must have current certification in order to be on the pool deck in any official capacity. **It will be appreciated if all officials would contact the TCRD and the Meet Referee with their intent to officiate. They should try to contact the meet referee at least two weeks prior to the meet. All requests will be considered.**

**Uniform for preliminary event sessions is white collared shirt, navy blue slacks or shorts (or skirts/skorts for women), white socks and white tennis/deck shoes.** Final uniforms will be determined by Meet Referee. Finals uniform typically consists of: navy blue collared shirts and long white pants (or skirts for women) at finals.

**RULE CLARIFICATION:**

Relay swimmers may be changed from district to state (must be indicated on entries), but swimmers cannot be changed after the preliminaries of the state meet UNLESS due to illness or injury. **However, stroke/order CAN change (Rule change – 2015). Alternates listed on roster may be utilized per manual.**

**\*\* Relays found to have ineligible swimmer(s) will be disqualified.\*\***

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**WARM-UP:**

USA and Georgia Swimming warm-up procedures and rules will be posted and must be followed. All teams will be required to furnish at least one coach with current GRPA Swimming certification to supervise each warm-up.

Baldwin Drive Pool will be open each evening, Thursday, **July 13th from 6:00pm – 7:30pm and Friday July 14<sup>th</sup> immediately following awards ceremony for general warm-up.** There will be no lane assignments for evening warm-up.

**Other Information:**

Hotel and restaurant information and directions are attached and are also available at [www.tiftcounty.org](http://www.tiftcounty.org) Recreation – Super Supporters and Hotel Information.

**Tentative Schedule for Friday and Saturday:**

***Afternoon Warm-ups subject to change pending completion of morning events/weather.***

Friday morning: warm-up 7:00 AM start 9:00 AM

Friday afternoon: warm-up 1:00PM start 3:00 PM

Saturday morning: warm-up 7:00 AM start 9:00 AM

Saturday afternoon: warm-up 1:30 PM start 3:40 PM

**\*\*\*\*\*WARM UP SCHEDULES WILL BE PREPARED AFTER ENTRY DEADLINE\*\*\*\*\***

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**Swim Order of Events**

<b>Friday</b>			<b>Saturday Cont'd</b>		
<i>EVENT</i>	<i>STROKE &amp; DISTANCE</i>	<i>AGE GROUPS</i>	<i>EVENT</i>	<i>STROKE &amp; DISTANCE</i>	<i>AGE GROUPS</i>
1	50 Free	7 - 8 Girls	49	200 MR	18 & Under Girls
2	50 Free	7 - 8 Boys	50	200 MR	18 & Under Boys
3	50 Free	9 - 10 Girls	51	200 MR	18 & Under Mixed
4	50 Free	9 - 10 Boys	52	50 Free	11-12 Girls
5	100 MR	7 & 8 Girls	53	50 Free	11-12 Boys
6	100 MR	7 & 8 Boys	54	50 Free	13-14 Girls
7	100 MR	7 & 8 Mixed	55	50 Free	13-14 Boys
8	100 MR	10 & Under Girls	56	50 Free	15-18 Girls
9	100 MR	10 & Under Boys	57	50 Free	15-18 Boys
10	100 MR	10 & Under Mixed	58	50 Breast	11-12 Girls
11	25 Free	7 - 8 Girls	59	50 Breast	11-12 Boys
12	25 Free	7 - 8 Boys	60	50 Breast	13-14 Girls
13	25 Free	9 -10 Girls	61	50 Breast	13-14 Boys
14	25 Free	9 - 10 Boys	62	50 Breast	15-18 Girls
15	25 Breast	7 - 8 Girls	63	50 Breast	15-18 Boys
16	25 Breast	7 - 8 Boys	64	100 IM	11-12 Girls
17	25 Breast	9 - 10 Girls	65	100 IM	11-12 Boys
18	25 Breast	9 - 10 Boys	66	100 IM	13-14 Girls
19	100 IM	7 - 8 Girls	67	100 IM	13-14 Boys
20	100 IM	7 - 8 Boys	68	100 IM	15-18 Girls
21	100 IM	9 - 10 Girls	69	100 IM	15-18 Boys
22	100 IM	9 - 10 Boys	70	50 Back	11-12 Girls
23	25 Back	7 - 8 Girls	71	50 Back	11-12 Boys
24	25 Back	7 - 8 Boys	72	50 Back	13-14 Girls
25	25 Back	9 - 10 Girls	73	50 Back	13-14 Boys
26	25 Back	9 - 10 Boys	74	50 Back	15-18 Girls
27	25 Fly	7 - 8 Girls	75	50 Back	15-18 Boys
28	25 Fly	7 - 8 Boys	76	50 Fly	11-12 Girls
29	25 Fly	9 - 10 Girls	77	50 Fly	11-12 Boys
30	25 Fly	9 - 10 Boys	78	50 Fly	13-14 Girls
31	100 Free Relay	7 & 8 Girls	79	50 Fly	13-14 Boys
32	100 Free Relay	7 & 8 Boys	80	50 Fly	15-18 Girls
33	100 Free Relay	7 & 8 Mixed	81	50 Fly	15-18 Boys
34	100 Free Relay	10 & Under Girls	82	200 Free Relay	12 & Under Girls
35	100 Free Relay	10 & Under Boys	83	200 Free Relay	12 & Under Boys
36	100 Free Relay	10 & Under Mixed	84	200 Free Relay	12 & Under Mixed
<b>Saturday</b>			85	200 Free Relay	14 & Under Girls
			86	200 Free Relay	14 & Under Boys
37	100 Free	11-12 Girls	87	200 Free Relay	14 & Under Mixed
38	100 Free	11-12 Boys	88	200 Free Relay	18 & Under Girls
39	100 Free	13-14 Girls	89	200 Free Relay	18 & Under Boys
40	100 Free	13-14 Boys	90	200 Free Relay	18 & Under Mixed
41	100 Free	15-18 Girls			
42	100 Free	15-18 Boys			
43	200 MR	12 & Under Girls			
44	200 MR	12 & Under Boys			
45	200 MR	12 & Under Mixed			
46	200 MR	14 & Under Girls			
47	200 MR	14 & Under Boys			
48	200 MR	14 & Under Mixed			

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**Concussion Education information has also been given to all members of my team as prescribed by the Return to Play Act of 2013. As indicated on the GRPA Roster it is the agency responsibility to provide this information to all Athletes and have acknowledged receipt of dangers of Concussions. If you have not ever heard about this before, then have all of your swimmers complete the attached form and waiver below. This should be maintained with head coach and/or department representative at all times.**

By signing below, I agree that I have been provided and have reviewed a copy of the **Parent/Athlete Concussion Information Sheet**. I understand that concussions are one of the most commonly reported injuries in children who participate in sports and recreational activities. I further understand that the risk of long-term, chronic cognitive, physical, and emotional symptoms associated with the development of post-concussion syndrome and chronic traumatic encephalopathy, as well as the risk of catastrophic injuries or even death, is significant when a concussion or head injury is not properly recognized, evaluated, and managed. I further recognize that continuing to play with a concussion or symptoms of head injury leaves a youth athlete especially vulnerable to great injury and even death. I understand and agree that should my child exhibit signs of a concussion I will remove my child from play/activity immediately and not allow my child to participate until a health care professional has released my child to resume activity.

**Signature of Parent/Guardian/Participant: \_\_\_\_\_ Date: \_\_\_\_\_**



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# Parent/Athlete Concussion Information Sheet

(This information was taken from CDC Website and CDC Parent/Athlete Information Sheet)

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

## WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports **one or more** symptoms of concussion listed below after a bump, blow, or jolt to the head or body, s/he should be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

### Did You Know?

- Most concussions occur without loss of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

### SIGNS OBSERVED BY COACHING STAFF:

Appears dazed or stunned  
Is confused about assignment or position  
Forgets an instruction  
Is unsure of game, score, or opponent  
Moves clumsily  
Answers questions slowly  
Loses consciousness (even briefly)  
Shows mood, behavior, or personality changes  
Can't recall events prior to hit or fall  
Can't recall events after hit or fall

### SYMPTOMS REPORTED BY ATHLETES:

Headache or “pressure” in head  
Nausea or vomiting  
Balance problems or dizziness  
Double or blurry vision  
Sensitivity to light  
Sensitivity to noise  
Feeling sluggish, hazy, foggy, or groggy  
Concentration or memory problems  
Confusion  
Just not “feeling right” or “feeling down”

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**CONCUSSION DANGER SIGNS**

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

<ul style="list-style-type: none"><li>• One pupil larger than the other</li></ul>	<ul style="list-style-type: none"><li>• Becomes increasingly confused, restless, or agitated</li></ul>
<ul style="list-style-type: none"><li>• Is drowsy or cannot be awakened</li></ul>	<ul style="list-style-type: none"><li>• Has unusual behavior</li></ul>
<ul style="list-style-type: none"><li>• A headache that not only does not diminish, but gets worse</li></ul>	<p><b>Remember</b> Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.</p>
<ul style="list-style-type: none"><li>• Weakness, numbness, or decreased coordination</li></ul>	
<ul style="list-style-type: none"><li>• Repeated vomiting or nausea</li></ul>	
<ul style="list-style-type: none"><li>• Slurred speech</li></ul>	
<ul style="list-style-type: none"><li>• Convulsions or seizures</li></ul>	
<ul style="list-style-type: none"><li>• Cannot recognize people or places</li></ul>	
<ul style="list-style-type: none"><li>• Loses consciousness (even a brief loss of consciousness should be taken seriously)</li></ul>	

**WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?**

If an athlete has a concussion, his/her brain needs time to heal. While an athlete’s brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

**WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?**

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it’s OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

**Remember:**

Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

It’s better to miss one game than the whole season. For more information on concussions, visit: [www.cdc.gov/Concussion](http://www.cdc.gov/Concussion) .

\_\_\_\_\_  
Student-Athlete Name Printed

\_\_\_\_\_  
Student-Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Legal Guardian Printed

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date

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**Baldwin Drive Pool Area 202/204 Baldwin Drive Tifton GA 31794**  
**Phone office 229-382-3262 ~ Pool 229-388-1865**



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**Computer Change Form - SAMPLE**

Please make the following change(s):

ID #: \_\_\_\_\_ Event #: \_\_\_\_\_ Change To: \_\_\_\_\_

Name: \_\_\_\_\_ Change To: \_\_\_\_\_

Team: \_\_\_\_\_ Change To: \_\_\_\_\_

Time: \_\_\_\_\_ SC/LC Change To: \_\_\_\_\_ SC/LC

Classification: \_\_\_\_\_ Change To: \_\_\_\_\_

Circle one if applicable:                      SCRATCH    ADD                      THE ABOVE SWIMMER

Comment/Reason: \_\_\_\_\_

Requested By: \_\_\_\_\_ Approved By: \_\_\_\_\_

\_\_\_\_\_  
(Person initiating request)

\_\_\_\_\_  
(MUST be signed by Meet or Admin Referee)

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Tifton, GA.



## Tift County Recreation Department 2017 Super-Supporter Hotel Information:

### **Comfort Inn & Suites:**

320 South Virginia Avenue

Tifton, GA 31794

(229)382-8250

(229)382-2290 Fax

(800)221-2222

Contact: Melody Cowart

Email: Sales-[mcowart@williamshotelgroup.com](mailto:mcowart@williamshotelgroup.com)

Web: [www.williamshotelgroup.com](http://www.williamshotelgroup.com)

### **Hotel Information:**

93 Rooms

Pool

Meeting Space

Many restaurants within walking distance

### **Special Rates Available:**

### **Country Inn & Suites:**

310 South Virginia Avenue

Tifton, GA 31794

(229)382-8100

(229)382-8101 Fax

(800)456-4000

Contact: Tammy Justice/Melody Cowart

Email: Sales-[mcowart@williamshotelgroup.com](mailto:mcowart@williamshotelgroup.com)

Web: [www.williamshotelgroup.com](http://www.williamshotelgroup.com)

### **Hotel Information:**

87 Rooms

Pool - Heated

Pets Allowed/with a small fee

Many restaurants within walking distance

### **Special Rates Available:**

### **Hilton Garden Inn:**

201 Boo Drive

Tifton, GA 31793

(229)382-8484

(229)382-8474 Fax

(877) 782-9444

Contact: Kathleen Moore

Email: [tftgi\\_gm@hilton.com](mailto:tftgi_gm@hilton.com)

Web: [www.tifton.hgi.com](http://www.tifton.hgi.com)

### **Hotel Information:**

105 Rooms

Restaurant

Pool

Meeting Space

Lounge

### **Special Rates Available:**

1-4 People- \_\_\_\_/night

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**Howard Johnson:**

579 Old Omega Road

Tifton, GA 31794

(229)388-8777

(299)388-0207 Fax

Contact: Tammy Saunders

**Hotel Information:**

50 Rooms

Free Continental Breakfast

Restaurant within walking

distance

Pets Allowed/with a small fee

**Special Rates:**

**Super 8 Tifton:**

1022 West Second Street

Tifton, GA 31793

(229)382-9500

(229)382-2922 Fax

(800)800-8000

Contact: Kenny Patel

Email: Sales-[kszn007@hotmail.com](mailto:kszn007@hotmail.com)

Web: [www.super8.com](http://www.super8.com)

**Hotel Information:**

67 Rooms

Pool

Pets allowed/with a small fee

**Special Rates:**

**2017 GRPA STATE B/C SWIM MEET, July 14-15, 2017**

**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**

**TIFT COUNTY HOTELS & MOTELS**

<http://tiftontourism.com/places-to-stay>



▪  
**Hilton Garden Inn** 105 Rooms  
201 Boo Drive  
Tifton, GA 31794 [map it](#)  
T 229-382-8484 [website](#)



▪  
**Hampton Inn & Suites** 96 Rooms  
720 Hwy 319 South  
Tifton, GA 31794 [map it](#)  
T 229-382-8800 [website](#)



▪  
**Comfort Inn & Suites** 93 Rooms  
320 South Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-8250 [website](#)



▪  
**Scottish Inn** 90 Rooms  
1409 Hwy 82 West  
Tifton, GA 31793 [map it](#)  
T 229-386-2350 [website](#)



▪  
**Quality Inn** 90 Rooms  
1104 King Rd.  
Tifton, GA 31793 [map it](#)  
T 229-382-4410 [website](#)



▪  
**Holiday Inn Express** 90 Rooms  
814 West 7th Street  
Tifton, GA 31794 [map it](#)  
T 229-382-3300 [website](#)



▪  
**Country Inn & Suites** 87 Rooms  
310 South Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-8100 [website](#)



▪  
**Microtel Inn & Suites** 82 Rooms  
196 South Virginia Ave.  
Tifton, GA 31794 [map it](#)  
T 229-387-0112 [website](#)



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**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**



▪ **Fairfield Inn & Suites** 81 Rooms

806 West 7th Street

Tifton, GA 31794 [map it](#)

T 229-387-8288 [website](#)



▪ **Days Inn & Suites** 80 Rooms

1199 Hwy 82 West

Tifton, GA 31793 [map it](#)

T 229-382-8505 [website](#)



▪ **Econo Lodge** 76 Rooms

1025 West 2nd Street

Tifton, GA 31794 [map it](#)

T 229-382-0280 [website](#)

*Tift County Recreation Department*

*Other Hotel/Motel Information*

**COMFORT INN & SUITES**

320 South Virginia Avenue Tifton, GA. 31794 I-75 (Exit 62)

229-382-8250 (Phone) 229-382-2290 (Fax)

Email: Sales-[mcowart@williamshotelgroup.com](mailto:mcowart@williamshotelgroup.com)

Web: [www.williamshotelgroup.com](http://www.williamshotelgroup.com)

**COUNTRY INN & SUITES**

310 South Virginia Avenue Tifton, GA. 31794 I-75 (Exit 62)

229-382-8100 (Phone) 229-382-8101 (Fax)

Email: Sales-[mcowart@williamshotelgroup.com](mailto:mcowart@williamshotelgroup.com)

Web: [www.williamshotelgroup.com](http://www.williamshotelgroup.com)

**DAYS INN AND SUITES**

1199 Highway 82 West Tifton, GA. 31793 I-75 (Exit 62)

229-382-8505 (Phone) 229-382-8502 (Fax)

Email: Sales-[mcowart@williamshotelgroup.com](mailto:mcowart@williamshotelgroup.com)

Web: [www.williamshotelgroup.com](http://www.williamshotelgroup.com)

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**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**

**ECONO LODGE**

1025 West 2<sup>nd</sup> Street Tifton, GA. 31794 I-75 (Exit 63 A)  
229-382-0280 (Phone) 800-668-4242 (Phone) 229-386-0316 (Fax)  
Email: [Gm.Ga346@choicehotels.com](mailto:Gm.Ga346@choicehotels.com)

**FAIRFIELD INN & SUITES**

806 West 7<sup>th</sup> Street Tifton, GA. 31794  
229-387-8288 (Phone) 800-564-2630 (Phone) 229-238-0079 (Fax)  
Email: [khickman@hotelequities.com](mailto:khickman@hotelequities.com)  
Web: [www.fairfieldinn.com/tfofi](http://www.fairfieldinn.com/tfofi)

**HILTON GARDEN INN**

201 Boo Drive Tifton, GA. 31793  
229-382-8484 (Phone) 877-STAY-HGI (Phone) 229-382-8474 (Fax)  
Email: Sales-[nicolepalmer@hilton.com.com](mailto:nicolepalmer@hilton.com.com)  
Web: [www.hiltongardeninn.hilton.com](http://www.hiltongardeninn.hilton.com)

**HOLIDAY INN EXPRESS**

814 West Seventh Street Tifton, GA. 31794  
229-382-3300 (Phone) 229-382-9333 (Fax)  
Email: Sales-[mcowart@williamshotelgroup.com](mailto:mcowart@williamshotelgroup.com)  
Web: [www.williamshotelgroup.com](http://www.williamshotelgroup.com)

**HOWARD JOHNSON**

579 Old Omega Road Tifton, GA. 31794  
229-388-8777 (Phone)

**MICROTEL INN & SUITES**

196 South Virginia Avenue Tifton, GA. 31794  
229-387- 0112 (Phone) 800-771-7171 (Phone) 229-387-6008 (Fax)  
Email: Sales-[microteltifton@gmail.com](mailto:microteltifton@gmail.com)  
Web: [www.microtelinn.com](http://www.microtelinn.com)

**QUALITY INN**

1104 King Road Tifton, GA. 31793  
229-382-4410 (Phone) 229-382-3967 (Fax)  
Web: [www.qualityinn.com/hotel/gal48](http://www.qualityinn.com/hotel/gal48)

**SCOTTISH INN**

1409 Hwy 82 West Tifton, GA. 31794  
229-386-2350 (Phone)  
Email: [scottishinntifton@gmail.com](mailto:scottishinntifton@gmail.com)  
Web: [www.scottishinntifton.com](http://www.scottishinntifton.com)

**SUPER 8 TIFTON**

1022 West Second Street Tifton, GA. 31793  
229-382-9500 (Phone) 800-800-8000 (Phone) 229-382-2922 (Fax)  
Email: Sales- [ksnz007@hotmail.com](mailto:ksnz007@hotmail.com)  
Web: [www.super8.com](http://www.super8.com)

**2017 GRPA STATE B/C SWIM MEET, July 14-15, 2017**

**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**

**TRAVELODGE**

1103 King Road Tifton, GA. 31793

229-382-0395 (Phone) 877-700-3948 (Phone) 229-382-0462 (Fax)

Email: [laxmi39@hotmail.com](mailto:laxmi39@hotmail.com)

Web: [www.travelodgetifton.com](http://www.travelodgetifton.com)

**Area Hotel/Motel Rooms (outside of Tifton)**

**Adel**

Hampton Inn 1500 W. Fourth St. Adel GA 31620 229-896-3099

Days Inn 1204 W. Fourth St. Adel GA 31620 229-896-4574

**Ashburn**

Best Western 820 Shoney's Drive Ashburn GA 31714 229-567-0089

**Cordele**

Best Western 1706 E. 16th Avenue Cordele GA 31015 229-273-5420

Holiday Inn Express 1102 Arc Way Drive Cordele GA 31015 229-273-8775

Comfort Inn & Suites 2803 Frontage Road Cordele GA 31015 229-273-7117

**Moultrie**

Hampton Inn 441 Hampton Way NE, Moultrie GA 31788 229-616-7777

Holiday Inn Express 850 Veterans Pkwy Moultrie GA 31788 229-890-9900

Econo Lodge 850 Veterans Pkwy Moultrie GA 31788 229-890-8652

## Restaurants – Tifton/Tift County Georgia

- **Applebee's**  
  
*808 West 7th Street  
Tifton, GA 31794 [map it](#)  
T 229-382-2337*
- **Arby's**  
  
*810 West 2nd Street  
Tifton, GA 31794 [map it](#)  
T 229-382-7675*
- **Asahi Express Japanese**  
  
*814 W. 2nd Street  
Tifton, GA 31794 [map it](#)  
T 229-387-8611*
- **BoJangles**  
  
*303 South Magnolia Drive  
Tifton, GA 31794 [map it](#)  
T 229-387-7052*
- **Burger King**  
  
*1608 North Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-0529*
- **Burger King**  
  
*1504 Hwy. 82 West  
Tifton, GA 31793 [map it](#)  
T 229-382-7888*
- **Cakes by Audrey**  
  
*215 S. Main Street  
Tifton, GA 31794 [map it](#)  
T 229-238-9676*
- **Captain D's Seafood**  
  
*1307 Hwy. 82 West  
Tifton, GA 31793 [map it](#)  
T 229-386-0770*
- **Charles Seafood**  
  
*701 West 7th Street  
Tifton, GA 31794 [map it](#)  
T 229-382-9696*
- **Checkers**  
  
*112 South Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-386-5852*
- **Chicago Pizza & Pasta**  
  
*401 N. Virginia Ave  
Tifton, GA 31794 [map it](#)  
T 229-382-4181*
- **Chick-fil-a**  
  
*1197 Hwy. 82 West  
Tifton, GA 31793 [map it](#)  
T 229-387-0011*
- **Chili's Bar and Grill**  
  
*707 7th Street West  
Tifton, GA 31794 [map it](#)  
T 229-382-3138*
- **Church's Chicken**  
  
*306 East 5th Street  
Tifton, GA 31794 [map it](#)  
T 229-388-9572*

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**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**

- **Cracker Barrel**

*708 US Hwy. 319 South  
Tifton, GA 31794 [map it](#)  
T 229-386-4412*

- **Dairy Queen**

*210 West 7th Street  
Tifton, GA 31794 [map it](#)  
T 229-382-5532*

- **Dairy Queen**

*1407 North Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-386-2319*

- **Dave's Bread/Coffee**

*1805 N. Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-472-1041*

- **Domino's Pizza**

*421 Love Avenue  
Domino's Pizza [map it](#)  
T 229-386-4800*

- **El Cazador**

*1103 King Road  
Tifton, GA 31793 [map it](#)  
T 229-386-2126*

- **El Metate**

*1021 2nd Street W  
Tifton, GA 31794 [map it](#)  
T 229-445-3713*

- **Firehouse Subs**

*909 West 8th Street  
Tifton, GA 31794 [map it](#)  
T 229-445-3557*

- **Giggles Café**

*219 Main Street  
Tifton, GA 31794 [map it](#)  
T 229-382-7997*

- **Golden Corral**

*190 South Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-4121*

- **Great Wall Chinese**

*602 Love Avenue  
Tifton, GA 31794 [map it](#)  
T 229-388-8225*

- **Griffin's Country Diner**

*603 Old Omega Road  
Tifton, GA 31793 [map it](#)  
T 229-388-9676*

- **Hardees**

*178 Southwell Boulevard  
Tifton, GA 31794 [map it](#)  
T 229-382-9118*

- **Hardees**

*318 S. Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-388-8454*

- **Hawkeye Bar-B-Que**

*307 West 12th Street  
Tifton, GA 31794 [map it](#)  
T 229-382-6550*

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**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**

- **Hog N Bones**

*2008 Highway 82 West  
Tifton, GA 31794 [map it](#)  
T 229-238-2491*

- **Jo Jo's**

*134 South Magnolia Drive  
Tifton, GA 31794 [map it](#)  
T 229-382-9377*

- **Kentucky Fried Chicken**

*804 W2nd Street  
Tifton, GA 31794 [map it](#)  
T 229-396-5881*

- **King Buffet Chinese**

*177 S. Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-5555*

- **Krystal**

*819 West 2nd Street  
Tifton, GA 31794 [map it](#)  
T 229-382-8009*

- **La Cabana**

*211 Main Street  
Tifton, GA 31794 [map it](#)  
T 229-382-1011*

- **Lamplighter Pub**

*1803 Hwy. 41 North  
Tifton, GA 31794 [map it](#)  
T 229-382-6565*

- **La' Berry Frozen Yogurt**

*626 N Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-396-5626*

- **Little Caesars Pizza**

*1898 US Hwy. 82 W  
Tifton, GA 31793 [map it](#)  
T 229-256-4888*

- **Logan's**

*910 7th Street West  
Tifton, GA 31794 [map it](#)  
T 229-386-0461*

- **Longhorn Steakhouse**

*1314 Hwy. 82 West  
Tifton, GA 31794 [map it](#)  
T 229-386-8870*

- **Los Compadres**

*1005 West 8th Street  
Tifton, GA 31794 [map it](#)  
T 229-387-0790*

- **Marco's Pizza**

*1401 Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-4995*

- **McDonald's**

*820 West 2nd Street  
Tifton, GA 31794 [map it](#)  
T 229-386-5829*

- **McDonald's**

*1816 North Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-5022*

- **McDonald's**

*2002 US Hwy. 82 West  
Tifton, GA 31793 [map it](#)  
T 229-559-9552*

**2017 GRPA STATE B/C SWIM MEET, July 14-15, 2017**

**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**

- **Mi-Lady Bakery**

*275 Brumby Way  
Tifton, GA 31794 [map it](#)  
T 229-382-1955*

- **New China Buffet**

*1805 North Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-387-8780*

- **Northside Cafe**

*1629 Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-238-2497*

- **Oh My Goodies**

*121 Love Avenue  
Tifton, GA 31794 [map it](#)  
T 229-396-5565*

- **Oishii Japanese Grill**

*1901 US Hwy. 82  
Tifton, GA 31793  
[map it](#)  
T 229-382-9996*

- **Ole Times Country Buffet**

*718 W 7th Street  
Tifton, GA 31794 [map it](#)  
T 229-388-1601*

- **Olive Garden**

*1208 Highway 82 [map it](#)  
T 229-387-8990*

- **Papa John's Pizza**

*1805 North Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-391-7272*

- **Pit Stop BBQ & Grill**

*1112 West 8th Street  
Tifton, GA 31793 [map it](#)  
T 229-387-0888*

- **Pizza Hut**

*204 North Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-386-1622*

- **Ranchero's**

*133 Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-396-5555*

- **Rancho Grande**

*1430 North Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-9648*

- **Red Lobster**

*105 South Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-386-2011*

- **Rockin Joe Espresso**

*20th St. & Hwy. 41  
Tifton, GA 31794 [map it](#)  
T 229-382-3384*

- **Ruby Tuesday**

*1306 Hwy. 82 West  
Tifton, GA 31794 [map it](#)  
T 229-386-8581*

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**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**

- **Saigon Kitchen**

*724 W 2nd Street  
Tifton, GA 31794 [map it](#)  
T 229-396-5888*

- **Shady Lane**

*522 South Main Street  
Tifton, GA 31794 [map it](#)  
T 229-382-7811*

- **Shoney's**

*1301 Hwy. 82 West  
Tifton, GA 31794 [map it](#)  
T 229-382-0650*

- **Smallcakes Cupcakery**

*1430 Hwy. 82 W  
Tifton, GA 31794 [map it](#)  
T 229-396-5655*

- **Smokehouse**

*1510 Hwy. 82 West  
Tifton, GA 31793 [map it](#)  
T 229-386-0606*

- **Sonic Drive-In**

*4429 Old Union Road  
Tifton, GA 31794 [map it](#)  
T 229-387-6000*

- **Starbucks Coffee**

*1204 Hwy. 82 West  
Tifton, GA 31794 [map it](#)  
T 229-382-5042*

- **Steak N Shake**

*4429 Old Union Road  
Tifton, GA 31794 [map it](#)  
T 229-387-6000*

- **Subway**

*456 N. Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-386-4505*

- **Subway**

*214 East 18th Street  
Tifton, GA 31794 [map it](#)  
T 229-386-5758*

- **Subway**

*1909 Hwy. 82 West  
Tifton, GA 31793 [map it](#)  
T 229-556-9780*

- **Subway**

*4431 Old Union Road  
Tifton, GA 31794 [map it](#)  
T 229-382-7295*

- **Subway**

*1830 Hwy. 82 West  
Tifton, GA 31794 [map it](#)  
T 229-386-0263*

- **Taco Bell**

*809 West 2nd Street  
Tifton, GA 31794 [map it](#)  
T 229-386-9536*

- **Taqueria Del Sol**

*728 East 5th Street  
Tifton, GA 31794 [map it](#)  
T 229-396-5085*

- **The Bistro at 219**

*219 Main Street [map it](#)  
T 229-382-7997*



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**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**

- **The Gin**

*261 Brumby Way  
Tifton, GA 31794 [map it](#)  
T 229-415-4159*

- **The Local Kitchen & Bar**

*212 S. Main St.  
Tifton, GA 31794 [map it](#)  
T 229-848-3146*

- **The Locker Room**

*255 Brumby Way  
Tifton, GA 31794 [map it](#)  
T 229-472-1541*

- **The Red Apple**

*330 South Main St.  
Tifton, GA 31794 [map it](#)  
T 229-454-5946*

- **The Rolling Pin**

*1101 King Road  
Tifton, GA 31793 [map it](#)  
T 229-382-7003*

- **Tokyo Jap. Steakhouse**

*194 S. Virginia Avenue  
Tifton, GA 31794  
[map it](#)  
T 229-382-7030*

- **Waffle House**

*1009 West 2nd Street  
Tifton, GA 31794 [map it](#)  
T 229-387-9643*

- **Waffle House**

*706 West 7th Street  
Tifton, GA 31794 [map it](#)  
T 229-387-8355*

- **Waffle House**

*2303 Hwy. 41 North  
Tifton, GA 31794 [map it](#)  
T 229-387-8922*

- **Waffle House**

*1804 McCornick Drive  
Tifton, GA 31793 [map it](#)  
T 229-382-8332*

- **Wendy's**

*1310 Hwy. 82 West  
Tifton, GA 31794 [map it](#)  
T 229-382-4552*

- **Wendy's**

*208 East 20th Street  
Tifton, GA 31794 [map it](#)  
T 229-386-9280*

- **Wild Chicken Kitchen**

*1214 Hwy 41 N  
Tifton, GA 31794 [map it](#)  
T 229-396-5700*

- **Wishbone Fried Chicken**

*605 Love Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-9111*

**2017 GRPA STATE B/C SWIM MEET, July 14-15, 2017**

**Tift County Recreation Department**

**Baldwin Drive Aquatic Center**

**Tifton, GA.**

- **Yellow Monkey Yogurt**

*162 S. Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-392-6121*

- **Zaxby's**

*198 South Virginia Avenue  
Tifton, GA 31794 [map it](#)  
T 229-391-9992*

*2201 North Tift Avenue  
Tifton, GA 31794 [map it](#)  
T 229-382-9722*